

# SPIRIT TIMES

Whiteman Air Force Base, Mo.

Friday, Jan. 13, 2006

www.wiiiteman.ai.mii

# **New B-2 readiness reporting**

MESL provides more accurate listing of B-2 capability

**By Staff Sgt. Rob Hazelett** 509th Bomb Wing Public Affairs

Air Combat Command published a revised B-2 Minimum Essential Subsystem List last month that provides Team Whiteman with a better "shorthand" for communicating the true mission capability of the weapons system.

This change reflects the equipment status as determined by maintenance in conjunction with an operational assessment of that equipment status.

"From the combatant commanders' perspective this new classification of the aircraft gives a truer picture of what capability is available to the warfighter," said Col. Bob Wheeler, 509th Operations Group commander. "With the limited number of B-2s, every aircraft is critical to the fight. This new system gives our senior leaders a one-page snap-shot of what is available today for any contingencies anywhere in the world."

Before the revision to the MESL was made, the mission capable rate was defined by Air Force Instruction 21-103 as the equipment's status without any coordination with operations concerning acceptability for mission success.

The revised MESL puts an 509th OG and 509th Maintenance Group team approach into the process.

Now, an aircraft can be determined to be fully mission capable, partially mission capable, or not mission capable based on mission parameters.

A PMC aircraft is capable of conducting at least one of the wing's assigned missions. An NMC aircraft cannot conduct any of the wing's wartime missions; however, the aircraft can be used to conduct aircrew training sorties.



Above: Senior Airman Christopher Smith, 509th Aircraft Maintenance Squadron, monitors the towing of the *Spirit of Kitty Hawk*. Left: Staff Sgt. Brian Deweerd, 509th AMXS, and Airman Smith inspect an affixed tow bar on the *Spirit of Kitty Hawk* before the Aircraft is towed. The B-2's mission readiness has been a topic for discussion; however, a revised MESL conveys a more accurate depiction of B-2 readiness to Air Force leaders.

This revised MESL allows a more precise definition of an aircraft's true status.

"It's a refinement of what was there," said Col. Bob Dulong, 509th MXG commander. "The weapons system has been in the field since 1993; and as it matures and the maintenance community matures with it, we are now able to join with our Air Combat Command brethren and the Air Force with being more accurate in our portrayal."

Since Whiteman has been using the revised MESL, the B-2's mission capable rate has improved. The B-2's readiness rate for fiscal year 2005 was 30.5 percent.

"While technically accurate under the old status rules, this was a misleading measure of the B-2's capability—the aircraft succeeded at every turn in fiscal 2005," said Brig. Gen. Chris Miller, 509th Bomb Wing commander.

For example, during all our recent inspections and local exercises, Whiteman met the aircraft tasking 'with flying colors,'" General Miller said.

The MESL measures aircraft at

Whiteman and in forward operating locations in the same way, using the same standards. Whether the sortie is a combat or training mission, a partially mission-capable aircraft would not be sidelined as it had been under the old standard.

"The MESL increases the crossflow of communication between maintainers and operators," Colonel Dulong said. "We have seen an increase, but I would want to caution that the mission capable rate is a single-dimensional statistic. We don't lead our people by a statistic. We lead our people by providing them the resources to succeed at their jobs."

Fiscal 2005 is a perfect example Colonel Dulong added. "While the single dimensional MC statistic was 30.5 percent, we flew our 6,000 hour flying hour program—all aircrews were trained, we succeeded at the longest sustained deployment the B-2 weapons system has ever had, and we demonstrated our capabilities in an operational readiness inspection. I applaud Team Whiteman for their phenomenal successes," Colonel Dulong said.



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### SPIRIT TIMES

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For more information, call the *Spirit Times* office at 687-6133, e-mail: spirit.times@whiteman.af.mil, fax us at 687-7948, or write to us at: 509th BW/PA, 509 Spirit Blvd. Ste. 111

Whiteman AFB, Mo. 65305 The deadline for article submissions to the Spirit

#### Air Force Quiz

What are the three types of United States Flags?

Dial 687-3119 or e-mail Pr.Line@whiteman.af.mil Whiteman's 9er Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work Before calling the 9er Line, try to resolve your problem with the responsible base agency. If you've exhausted all the normal avenues to resolve the situation, then call Brig. Gen. Chris Miller,

#### **Need a Wingman?**

509th Bomb Wing commander,

at 687-3119 or e-mail

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necessary or appropriate. by color guard during occasions when friendly nations. Ceremonial - carried weather or for display with flags of rial for outdoor display during inclement lightweight nylon or rayon bunting matefrom reveille to retreat. All purpose Installation - displayed in fair weather

#### Air Force Quiz answer

# - Commander's Corner —

# **Team Whiteman's Upward vector**



By Brig. Gen. Chris Miller 509th Bomb Wing commander

Earlier this week I held a wing-wide commander's call to review last year and focus on our goals for 2006.

Clearly defining what we want to achieve helps to set us on a course for success. I hope those of you able to attend found your time well

Our goals for the bomb wing are very simple, but simple isn't always easy. They are to develop and nurture Airmen, be prepared to deploy and be ready to fight. It's important for you to know our focus because you are essential to making it happen.

We need to be helping one another and all pulling in the same direction. And as we face resource challenges, we

also have to decide what's really important; if we are devoting time, energy and thought to things that don't support reaching our goals, then we need to reexamine those activities and figure out a smarter way to operate.

As I mentioned at the commander's call, if you have suggestions for doing things better, or for stopping something that's not adding value, please send them to 9er.line@ whiteman.af.mil.

Our Air Force needs your inputs to do what we do even better. It may sound like business school 101 — but organizations that adapt to changing conditions are the ones that succeed. Failure's not an option for the United States Air Force.

**New Year's Resolutions:** Defining goals is vital for

organizations, but the same principles can work in our personal lives.

I'm not a believer in New Year's Resolutions — but I do believe in setting goals, sharing them with others who can help you stay focused on them, and evaluating progress toward reaching them. As they say, "If you don't know where you're going, any road will get you there.

If you never define where you want to go, you will only get what life gives you - and that may be a whole lot less than what you want.

So ... as we start a new year and look hard at our Air Force goals, try to take some time to do the same for yourself. It's worth your time.

What's a Wingman? We hear that word a lot.

It comes from our Air

Force heritage of flying two or more aircraft together in formation to accomplish a mission, but it's a universal concept: a wingman is a partner and a source of help; someone whose presence is welcome and positive.

A wingman doesn't tell the flight lead where to go (except in an emergency), but does help him or her get

Our Air Force asks us to be wingmen for each other, and that includes families. As our numbers of deployers increases this month, take some time to consider what you can do to help a deployed Airman's family.

Whether it's a phone call, helping with deployers' kids, fixing household problems or anything else, the time you spend to help really matters.

# Make sure you are fit to fight

By Maj. Thomas Kirkham

509th Munitions Squadron commander

Let me begin by wishing everyone a happy new year and congratulating each and every member of the wing for a very safe holiday

Now that we are back in full swing it may be time for some of us to refocus our energy on improving our level of physical fitness.

If any of you are like me, you may tend to slack off a bit during the winter months. For some strange reason the thought of running in the cold or on a treadmill is just not my idea of fun. That being said, I never let myself go too far as I am keenly aware of the importance of maintaining physical fitness.

As we all know, the Air Force physical fitness program as outlined by AFI 10-248 has changed drastically over the past two years and more changes are

looming on the horizon. Physical fitness is without a doubt taking center stage in our changing culture and is a key ingredient in our ability to fight and win wars. Being physically fit is part of our job.

In fact, if you take a look at the wing goals as outlined by our commander.

1) Develop and nurture our airmen.

2) Ensure our readiness to deploy, and

3) Be prepared to fight,

Two of the three goals can be directly tied to physical fitness. It goes without saying that your physical fitness has a direct impact on your unit's readiness and its ability to meet its deployment

In this expeditionary world we live in today, physical fitness has never been more important and is inextricably linked to mission success. Just ask anyone who has deployed and they can probably

relate a story about someone at their deployed location who could not pull their weight (no pun intended) due to their poor physical condition. The climate in the Middle-East where the vast majority of our deployments are located is very unforgiving and demands topnotch physical conditioning.

With that thought in mind, and at the risk of sounding a bit cliché, now is the time to act upon those New Years' resolutions and start a physical training regimen of your own if you have not done so already

The health and wellness center offers many programs to help you along the way. So if you are like me and don't particularly care for the treadmill - spinning, aerobics, and Karate classes are viable options. Not to mention weight lifting, basketball, racquetball etc.

Whatever route you take just make sure you are staying "fit to fight"—our mission depends on it. See you at the gym!

#### **Newsline**

#### **MPF** changes hours

Effective immediately, the military personnel flight will have new hours of operation. Customer service hours will be Monday-Friday 7:30 a.m.-4:30 p.m. All other sections: Walk-ins 9 a.m.-noon and appointments 1-4:30 p.m. For all personnel issues:

ments 1-4:30 p.m. For all personnel issues:
Step 1: Visit the "Virtual MPF" for secure self service at www.afpc.randolph.

Step 2: Contact your unit commanders support staff.

Step 3: Contact the MPF at 687-6469 or call the Air Force Personnel Contact Center at 1-800-616-3755.

#### **Tier 2 announcements**

The next Tier 2 meeting will be 10 a.m. Tuesday at Mission's End.

The newly elected Tier 2 officers are: President

**Staff Sgt. Brad Calahan** 509th Maintenance Squadron Vice president

**Tech Sgt. Kelli Remmert** 509th Medical Group

Secretary

Staff Sgt. Leah Calahan 509th MXS

Treasurer

**Staff Sgt. Matthew Knowles** 509th Comptroller Squadron

#### **MOAA** to meet

The Spirit of Missouri Chapter of the Military Officers Associations of America is scheduled to met at 6 p.m. Tuesday at Missions End. The social will start at 6 p.m. followed by a dinner meeting.

followed by a dinner meeting.

The featured speaker will be Maj. Joe Della Vedova, 509th Bomb Wing, chief of public affairs.

All military officers both active and retired and spouses are invited.

For reservations, call Janet Allen at 660-747-3634 or retired Col. John Riffle at 816-540-2929.

#### **AADD** volunteers needed

Whiteman members interested in joining Airmen Against Drunk Driving can attend a training class 3:30 p.m. today or 3:30 p.m. Jan. 27 at the medical clinic, room 1212.

The class normally lasts 20-30 minutes and those interested are encouraged to R.S.V.P Staff Sgt. Paul Hankins, 509th Medical Operations Squadron, at 687-4891.

An AADD member and informational meeting will also be held at 11 a.m Jan. 27 at the community activities center.

Interested volunteers may stay after the meeting for training. For more information, call 2nd Lt. Mary Olsen at 687-6121.

#### Winter weather parking

Base members living in Whiteman housing are reminded not to park vehicles in the streets during winter weather.

When bad weather is imminent and confirmed by base weather, base housing residents should park all vehicles off the street (not on seeded or grassy areas).

Vehicles obstructing snow removal operations may be ticketed by base law enforcement and may be towed at the owner's expense if necessary.

Base members interested in submitting to the Newsline section must send information to spirit.times@whiteman.af.mil noon the Friday before desired publication. Submission does not guarantee publication.

# New referral center helps beneficiaries

By Airman 1st Class Jason Burton

Public affairs

A new service has started for TRICARE beneficiaries obtaining medical treatment at the 509th Medical Group.

Dec. 12 marked the start of the new Referral Management Center at the base clinic. This new service is designed to help ease the referral process for beneficiaries to see off-base specialists

ists.

"The RMC is an Air Force initiative to ensure 'one-stop shopping' for referrals for our TRICARE beneficiaries," said Col. Gloria Twilley, 509th MedGp commander. "This new system expedites our referral system for our patients."

Here is how the system works. When a Primary Care Manager needs to send a patient to an off-base specialist, an electronic referral is made during a medical visit and the referral is then sent to the RMC

After the beneficiary has been informed by their PCM that they need to see a specialist they will go to the RMC, located in the TRICARE area of the clinic, and will be able to choose which medical provider they want to go to from a network provider list.

"Beneficiaries can sit down with an RMC specialist and talk about the pros and cons of which provider they want to go to," Colonel Twilley said.

"The RMC assists the beneficiary with choosing a network provider," said Cheryl Burton, the manager of the 509th MedGP RMC.

"We add a personal touch assisting the periont using our

"We add a personal touch assisting the patient using our knowledge of network providers in the area to assist the beneficiaries in obtaining an appointment," she added.

After a beneficiary chooses which provider they would like to see, the RMC sends that information to the TRIWEST hub in Colorado Springs, Colo., for authorization.

After leaving the RMC the beneficiary will have all of the information necessary to make an appointment with the provider they choose.

Since beneficiaries will still have to wait for TRIWEST to send the medical authorization letter in the mail, appointments should not be scheduled until 10 days after the visit to the RMC.

Colonel Twilley said depending on the medical condition of a



Photo by Airman 1st Class Ryan Wilson

Cheryl Burton, Brig. Gen. Chris Miller, 509th Bomb Wing commander, and Col. Gloria Twilley, 509th Medical Group commander, cut the ribbon to the new Referral Management Center Dec. 12 in the TRICARE area of the base clinic. Mrs. Burton is the manager of the new RMC office.

beneficiary the RMC can obtain medical authorization from TRIWEST directly over the phone if necessary.

"If the beneficiary's PCM feels it is necessary for them to see a specialist as soon as possible, the RMC can help make that happen," Mrs. Burton said. "If a beneficiary doesn't like a particular provider, they can come to the RMC and we can help them find a new one."

Most referrals are only good for 90 days and four visits to a specialist unless the PCM states otherwise, Mrs. Burton added.

"Once the referral expires, beneficiaries need to make an appointment with their PCM," Mrs. Burton added.

For more information, contact the RMC, 7:30 a.m.-4:30 p.m. Monday-Friday at 687-4789.



#### Letter to Airmen

Michael W. Wynne Secretary of the Air Force

Jan 06

Happy New Year—and thank you again for the sacrifices you make in the service of this great nation! I had the privilege of spending some of the holidays with our deployed Airmen across the AOR and in Europe. I know those I met miss their loved ones and homes, but all impressed me with their professionalism, innovation, and spirit. As always, I return invigorated and excited about our World's Finest Air Force!

I witnessed many innovations introduced by Airmen that help us make the most of our time and resources. For example, our CAOC at Al Udeid controls air operations for the entire CENTCOM AOR. We are able to run operations in Iraq. Afghanistan, and the Horn of Africa from a single CAOC. This centralized headquarters equates to a smaller headquarters staff, while simultaneously empowering the Airmen actually engaged to make the execution decisions. This is a great example of Air Force Smart Operations 21 – questioning assumptions, examining processes, and eliminating waste and duplication. On a more individual level, we've prepositioned individual deployment gear at Al Udeid. This makes the lives of our Airmen easier, we lose less equipment and we avoid over \$32 million per year in airlift costs, all due to this single common sense suggestion.

At Kirkuk, Balad, Ali, Bagram, Ramstein and Spangdahlem Air Bases, I met face to face with thousands more of the Air Force's finest, and at every stop I heard similarly remarkable stories of how our innovative and creative Airmen applied imaginative solutions to everyday processes and combat challenges. Such ingenious ideas are just what we need to transform our Air Force into the integrated and interdependent force it must become to remain the World's preeminent fighting force. As your Secretary, I will foster such resourcefulness across our Air Force—Active, Guard, and Reserve; Enlisted, Officer, and Civilian; at home and abroad.

To our deployed warriors, thank you again for welcoming me and for all you've done to foster the "Miracle of Southwest Asia"—furthering freedom and democracy throughout the region. For those deployed to Iraq, many of you have witnessed the Constitutional Referendum in Iraq, the General Election (in which nearly 70% of the electorate took part), and the First Flight of an entirely Iraqi C-130 crew. I fully expect we will continue to see democratic processes taking root across Iraq, choking out the ideology of violence and intolerance. I encourage you to share your stories with friends, families, and associates upon your return.

To all of you who stand alert and prepared, here at home and around the world, you are accomplishing miracles everyday. Your efforts create the environment and innovation that spark the pride that 1 saw – the pride of being an Airman. On behalf of a grateful Air Force and an appreciative Nation, I salute you.

K

# 509th LRS welcomes new interim commander

Lt. Col. Ronnie Preece, 509th Logistics Readiness Squadron commander, assumed command from Maj. Carlos Camarillo Jan. 4.

Major Camarillo is deployed as part of Air Expeditionary Force nine and 10.



Col. Ronnie Preece

Colonel Preece will be filling in until Major Camarillo returns.

Rank and name: Lt. Col. Ronnie Preece. Previous assignment: 355th Logistics Readiness Squadron, Davis-Monthan Air Force Base, Ariz.

Time in service: 39+ years.
Commissioning source: Direct.
Family: Daughters Heather, 27, and risten. 24

Hobbies: Genealogy and model trains. How does the squadron contribute to the Air Force mission? By providing lookahead mission support to the wing.

**Command philosophy:** Hands-on without micro managing.

Goals for new position: Leave the squadron as good or better for the returning commander.



# Chief's Perspective



# Use every moment wisely

By Chief Master Sqt. Terry West

Mission Support Group Superintendent

Tranklin D. Roosevelt once said, "Never before dependent have we had so little time in which to do so

Those words from our 32nd president more than 65 vears ago are just as true today.

There seems to be 30 hours worth of stuff to do in each given day. So what do we do?

We get less sleep, we skip lunch, we miss our kid's ball game and band performance or we cut corners in order to get 'the list' done.

We generally get so wrapped up tackling the tasks at hand, we often neglect to spend the necessary time with our troops while at work or our families while at home.

We use the same excuse folks have used for years, "it's the quality that matters, not the quantity." Although quality is very important, we cannot forget that QUANTITY matters just as much.

When it comes to quality, our core value "excellence in all we do" means quality should be done without question.

We've all heard the expression; anything worth doing is worth doing right. There's no doubt in my mind that we all try to do the best job we possibly can.

With that said, most people would agree quality should be an understood principle, so let's focus on the matter of quantity.

It's how we spend our time that really matters.

We'll spend only a few minutes with our troops during the workday and the majority of our time staring at a 17inch monitor. We fail to realize that time is essential to successfully train and lead our troops. The truth is, people generally make time for what they choose to do.

ir John Lubbock, a British statesman, said it best when he claimed, "it is not really the time but the will that is lacking."

In other words, it comes down to our priorities. With the exception of our faith and family, we must make our troops our number one priority.

Our commitment to the oath we take to serve this great nation comes with the obligation to lead Airmen. And to be successful in leading Airmen it takes time ... lots of it!

In his latest letter to the Airmen of the United States Air Force, General T. Michael Moseley, Air Force Lichief of staff, mentions that the Global War on Terror has now stretched out over five months longer than U.S. involvement in World War II.

He goes on to say because of the amount of time we've committed to continuous combat, we have become a better fighting force by using this time "to innovate and improve our tactics, technologies and training."

In order to continue being the world's greatest Air Force, we need to manage our time wisely by striving to create the right balance that allows us to complete the needed tasks but also ensures we spend a sufficient amount of time leading our Airmen.

As I pack my bags to deploy this week to join my comrades in the war, I reflect back to all of my training and life's lessons that I have attained throughout the years from those leaders who chose to spent lots of time with me.

It goes well beyond my 19 years of military service; it starts back when mom and dad chose to train and teach a child that needed much training.

They spent 18 years training and preparing me for my future challenges that were ahead of me; teaching me that the pillars of faith, family and country were to be the foundation in which to build my future. And in the process,

"...the next time you find yourself stuck sitting behind the computer; get up, get out and spend time with your Airmen."

they spent an immeasurable amount of time helping me make those foundations solid.

Being a military member requires a lot of those same pillars and also requires an unlimited amount of time to build Airmen into future Air Force leaders.

So the next time you find yourself stuck sitting behind the computer; get up, get out and spend time with your Airmen.

Last thought ... some day we'll all be sitting in our own retirement ceremony. We'll once again reflect back over the years and reminisce about our lives as Airmen.

The attendees will listen to some of the career highlights and to some of the places that we have traveled. But for me, the most important thing is this ... I do not want to have to look my best friend, my wife Cindy, and my children in the face and apologize for the time not spent with them.

There's always sacrifice when called to duty, but I want to make sure that the time I spend aligns with my priorities.

neral Douglas MacArthur, one of the greatest military leaders of all time said, "By profession, I'm a soldier and take great pride in that fact. But I am prouder, infinitely prouder, to be a father. A soldier destroys in order to build. The father only builds, never destroys. It is my hope that when I am gone, I will be remembered not from the battle, but in the home."

So to my wife, Cindy and my three children, Blair, Jennifer and Daniel ... this is also my greatest hope!

I love you and I'll miss you!







# **ATTENTION**Passes for drivers and visitors



**Sergeant Airman** says...

> Anyone coming on base with no direct Department of Defense affiliation must be issued a visitor pass. There are two lengths of visitors' passes.

The first is for the length of visit not to exceed 72 hours.

The second is for periods up to 30 days for people living with residents in on-base hous-

In order to sponsor a visitor, you must be an authorized DoD employee or a military dependent 16 or older and must meet the visitor at the visitor control center to get the pass issued. Visitors must present valid identification to receive a base pass.

Vehicle passes must be issued to anyone not registered on the instillation. A pass may be issued to those with new purchase temporary tags as well as those in the process of transferring plates and insurance.

People assigned to Whiteman have up to 30 days to register their vehicles on the installation.

#### **Taxing tutorial**



Courtesy photo

Kay Hefflinger, of the Internal Revenue Service, Saint Louis Mo., explains tax form procedures to volunteers at the community center Tuesday. The volunteers will be available to help Team Whiteman members file their state and federal income taxes this tax season. The tax office, located in the community center, is scheduled to be open for business 8 a.m.-4 pm. Monday- Friday. Call 687-6020 starting Jan. 17 for an appointment.

#### The Spirit Times wants to feature you.

Do you have a story idea you'd like to see in the paper? Tell our staff. For more details, call 687-6133 or e-mail spirit.times@whiteman.af.mil.



### Designation may miss intended beneficiaries

If you have designated your Servicemembers' Group Life Insurance benefits to be distributed 'By Law,' do you know who would receive the insurance proceeds upon your death? Chances are you

Most service members understand the value of being able to leave up to \$400,000 to their loved ones via their SGLI benefit.

Many, however, unknowingly put at risk their intended beneficiaries' ability to collect payment from the policy.

By writing By Law as the policy's beneficiary, you give up (or forfeit) control of the distribution of the proceeds and open the door to claims, disputes and potentially lengthy litigation by third parties claiming to be beneficiaries under the By Law distribution scheme.

When you use a By Law beneficiary designation on your SGLI policy, a court may end up interpreting the distribution of your benefit using definitions from the SGLI statute and state laws.

As these laws vary from state to state, the legal definition of terms like spouse, child, parent and next of kin may not be the same as you intend.

For instance, the term parent generally does not include foster parents or step

An actual case of a member who died on active duty with By Law as the beneficiary designation for SGLI illustrates this point.

For his entire military career, the member had sent monthly allotments to the foster parents who raised him.

Yet on his death, his SGLI proceeds went not to the parents he intended but to the drug-addicted natural mother who had abandoned him as a child.

Without a specific indication of who you intend to be your beneficiary, no one can confidently predict how a By Law designation will be distributed.

Don't leave the distribution of this valuable benefit to chance.

Take a few minutes to specifically name your intended beneficiaries of your SGLI policy.

Review the beneficiaries you have listed regularly-when you PCS, prepare to deploy, or whenever circumstances affecting your family arise, such as a birth, death, marriage, divorce or separa-

This responsible approach best ensures the proceeds from your SGLI policy are distributed in a timely manner only to those who you wish to receive payment.

For more information pertaining to SGLI benefits, please visit the military personnel flight or the 509th Bomb Wing Legal Office. (Courtesy of the 509th BW Legal Office)

#### **Fast Facts**

For more information about Servicemembers' Group Life Insurance visit www.insurance. va.gov/sgliSite/SGLI/SGLI.htm.

# The legal guide for military members behavior if captured by hostile forces

By Meredith Fekkers Military Justice Paralegal

Now that the holiday season is behind us, it's time again to focus on our mission.

A major part of our mission is deploying. There are a lot of Airmen deploying from Whiteman during the next Air Expeditionary Force cycle, so this a good opportunity to think about our conduct abroad.

As a member of the Armed Forces of the United States, you are protecting our nation.

It is your duty to oppose all enemies of the United States in combat or, if a captive, in a prisoner of war compound.

Your behavior is guided by the Code of Conduct, which has evolved from the heroic lives, experiences and deeds of Americans from the Revolutionary War to the latest ongoing conflict

Your obligations as a U.S. citizen and a member of the Armed Forces result from the traditional values that underlie the American experience as a nation.

These values are best expressed in the U.S. Constitution and the Bill of Rights, which you have sworn to uphold and defend.

You would have these obligations—to our country, your service and unit, and your fellow Americans—even if the Code of Conduct had never been formulated as a high standard of general behavior.

Just as you have a responsibility to our country under the Code of Conduct, the U.S. Government has a dual responsibility—always to keep faith with you and stand by you as you fight for your

If you are unfortunate enough to become a prison-

#### **The Code of Conduct**

1.) I am an American fighting in the forces that guard my country and our way of life, I am prepared to give my life in their defense.

2.) I will never surrender of my own free will. If in command, I will never surrender the members of my command while they still have the means to resist.

3.) If I am captured I will continue to resist by all means available. I will make every effort to escape and aid others to escape. I will accept neither parole nor special favors from the enemy.

4.) If I become a prisoner of war, I will keep faith with my fellow prisoners. I will give no information or take part in any action which might be harmful to my comrades. If I am senior, I will take command. If not, I will obey the lawful orders of those appointed over me and will back them up in every way.

5.) Should I become a prisoner of war, I am required to give name, rank, service number, and date of birth. I will evade answering further questions to the utmost of my ability. I will make no oral or written statements disloyal to my country and its allies.

6.) I will never forget that I am an American fighting for freedom, responsible for my actions, and dedicated to the principles which made my country free. I will trust in my God and in the United States of America.

er of war, you may rest assured that your government will care for your dependents and will never forget you.

Furthermore, the government will use every prac-

tical means to contact, support and gain release for you and for all other prisoners of

To live up to the code, you must know not only its words but the ideas and principles behind those words.

The legal authority supporting the Code of Conduct is the Uniform Code of Military Jus-

The Code of Conduct is an ethical guide. Its six articles deal with your chief concerns as an American in combat.

Experiences of captured Americans reveal that to survive captivity honorably would demand from you great courage, deep dedication and high motivation.

To sustain these personal values throughout captivity requires that you understand and believe strongly in our free and democratic institutions, love your country, trust in the justice of our cause, keep faithful and loyal to your fellow servicemen and women, and hold firmly to your religious and moral beliefs in time of trial.

Your courage, dedication, and motivation supported by understanding, trust, and fidelity will help you endure the terrors of captivity, prevail over your captors and return to your family, home, and nation with honor and pride.

Need a ride? Call AADD or toll free 888-516-0013

**687-RIDE(7433)** 

available

# Whiteman Spirit Award



#### Senior Airman Tony Marrocco

509th Logistics Readiness Squadron

Senior Airman Tony Marrocco, 509th Logistics Readiness Squadron, received the Whiteman Spirit Award Monday from Brig. Gen. Chris Miller, 509th Bomb Wing commander.

Maj. Jerry Brandau, 509th Communications Squadron, nominated Airman Marrocco for the award.

"I was shoveling the sidewalks of the 509th CS when I saw someone helping me," Major Brandau said.

The two shoveled snow for about 45 minutes until everything was cleared.

"The troop started to walk back down the sidewalk when I stopped him," Major Brandau said.

"I didn't recognize him and thought he was new to the squadron so I wanted to meet him," he said.

That is when Major Brandau learned that Airman Marrocco was not with his unit

"This young troop took the time and energy to help when he saw the need," Maj. Brandau said.

"He could have easily gone back

inside after completing his units tasks, but he decided to help across unit lines," Major Brandau added.

**Time on Station:** Two years 10 months

**Time in Service:** Three years three months

**Hometown:** St. Clair, Mo.

Spouse: Lacey

**Children:** Just my dog, Lexi

**Hobbies:** Fishing, camping, golfing and spending time with my wife and friends

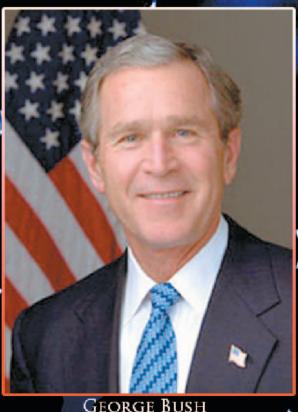
**Goals:** To make staff sergeant my first time testing

**Best thing about Whiteman:** The Royal Oaks Golf Course

**Pet Peeves:** When people don't follow through with their commitments

What motivates your winning spirit? My wife is constantly giving me motivation

If you could change one thing about Whiteman, what would it be? Let us have full-contact sports



GEORGE BUSH PRESIDENT

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MICHAEL WYNNE SECRETARY OF THE AIR FORCE



RICHARD CHENEY
VICE PRESIDENT



MARINE GEN. PETER PACE CHAIRMAN OF THE JOINT CHIEFS OF STAFF



STATES OF

GEN. T. MICHAEL MOSELEY
AIR FORCE CHIEF OF STAFF





GEN. WILLIAM LOONEY III AIR EDUCATION & TRAINING COMMAND



GEN. BRUCE CARLSON AIR FORCE MATERIEL COMMAND



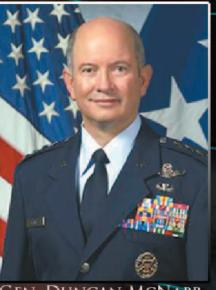
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AIR FORCE RESERVE COMMAND



GEN. LANCE LORD AIR FORCE SPACE COMMAND



LT. GEN. MICHAEL WOOLEY GEN. DUNCAN MCNABB-AIR FORCE SPECIAL OPERATIONS COMMAND AIR MOBILITY COMMAND





GEN. PAUL HESTER
PACIFIC AIR FORCES



GEN. WILLIAM HOBBINS U.S. AIR FORCES IN EUROPE



GEN. RONALD KEYS AIR COMBAT COMMAND



LT. GEN. KEVIN CHILTON 8TH AIR FORCE





By Staff Sgt Neo Martin

## Extinguish that fire: Use right extinguisher for job

A fire extinguisher is of little use if it's not the correct type for the type of fire you're fighting. Not properly using and maintaining a fire extinguisher properly is also not good.

There are three types of fires, defined as either class A,B, or C. **Class A** fires include ordinary combustibles such as wood, cloth or paper.

**Class B** fires involve flammable liquid such as gasoline, oil, cooking grease and lacquer.

**Class C** fires involve electrical equipment.

Before using an extinguisher check the label for class of fire that extinguisher can be used on.

Fortunately, there is one type (A,B,C) which can handle most fires.

Before you fight a fire, make sure everyone else has left or is leaving the building (activate the building fire alarm), call 911, make sure the fire is confined to a small area and not spreading and ensure that you have an unobstructed escape

Also be alert to the fact that most fire

victims succumb to inhaling smoke or poisonous fumes given off by materials when they burn.

If you begin to feel lightheaded or are having trouble breathing, get out immediately.

When using a fire extinguisher, keep your back to an exit, stand six to eight feet from the fire, then follow the four step operation of the extinguisher P.A.S.S. system.

First *Pull* the pin. This unlocks the operating lever and allows you to discharge the extinguisher.

Next grab the extinguisher nozzle and *Aim* it at the base of the fire.

Then *Squeeze* the handle discharging the agent. Releasing the handle stops the discharge.

Lastly, *Sweep* the nozzle from side to side, discharging agent at the base of the fire, until the fire goes out. If the fire reignites, repeat the process.

If the fire doesn't begin to go out immediately, leave the area at once.

Remember life safety comes before everything else.



TYPE A ORDINARY COMBUSTIBLES

Wood, clothes, paper, rubber, many plastics and other common materials that burn easily.



TYPE B FLAMMABLE LIQUIDS

Gasoline and other flammable liquids, oil, grease, tar, oil based paint, lacquer and flammable gas.



YPE C ELECTRICAL EQUIPMENT

Energized electrical equipment, including wiring, fuse boxes, circuit breakers, machinery and appliances

Each class of fire extinguisher is designed to put out certain types of fires. Check the class of a fire extinguisher before using it.

Everyone needs to be familiar with the location and operation of fire extinguishers in their work area.

If you need assistance with anything

concerning fire extinguishers contact the fire prevention office at 687-6080 or 687-6083. (Courtesy of th 509th Civil Engineer Squadron Fire Prevention Office.)

# Whiteman 2006 Basic Allowance for Housing

#### Without dependents

Enlisted pay grade	New rate	Percentage increase	Officer pay grade	New rate	Percentage increase
E1-E4 E5 E6 E7 E8 E9	\$573 \$591 \$612 \$696 \$806 \$847	9.85 7.78 4.90 10.05 13.77 13.34	01E 02E 03E 01 02 03 04 05 06	\$780 \$838 \$913 \$600 \$749 \$865 \$930 \$941 \$957 \$975	14.10 13.48 12.70 4.16 12.68 13.18 10.75 9.67 7.94 7.89
Overall average		9.94			10.65

#### With dependents

Enlisted pay grade	New rate	Percentage increase	Officer pay grade	New rate	Percentage increase
E1-E4 E5 E6 E7 E8 E9	\$690 \$780 \$913 \$929 \$946 \$1,021	9.85 14.10 12.70 10.98 9.09 7.93	01E 02E 03E 01 02 03 04 05 06	\$932 \$954 \$1,061 \$795 \$910 \$956 \$1,190 \$1,355 \$1,366 \$1,382	7.53 7.54
Overall average		10.77			8.86

#### A Star-Spangled Investment

U.S. Savings Bonds are a star-spangled investment, as traditional as the Fourth of July, and a sure way to build for financial independence. Bond interest carnings are market-based, exempt from State and

local income taxes, and the Federal income tax liability on earnings can be deferred.



#### **Wacky winter fun**



Courtesy photo

Corey Humphrey (left) and Bryce Weinrick (right) play miniature golf during the Wacky Winter Olympics Saturday at the community center. This event was hosted to bring families together to play typical summer outdoor games indoors in the midst of winter. Miniature golf, wish-for-fish, toss-across, shuffleboard, wildlife-toss, baby golf, horse shoes, pop-a-hot and other games were played by several families. Prizes were provided for all participants. Corey is the son of Staff Sgt. Brian Coffel, 509th Maintenance Squadron, and Bryce is the son of Tech. Sgt. Mike Heustis, 509th MXS.

### Quote Worthy

I submit to you that if a man hasn't discovered something he will die for, he isn't fit to live.

—Martin Luther King Jr.—

"



# Fitness class gains momentum through spinning its wheels

By: Staff Sgt. Rob Hazelett Public Affairs

The Air Force Fitness Test looms large on the horizon of every Airman, and the base fitness center has a daily aerobic spinning class available to inspire those who are still clinging to their less than two-weeks old New Year's resolution of improving their healthy lifestyle.

"Spinning is a group exercise class that utilizes an ergonomically built stationary bike," said Nita Hawk, 509th Services Squadron installation fitness program manager and exercise physiologist.

"The bike has a 40 pound fly wheel, which simulates real road riding. It is a safe, non-impact activity that is safepaced, yet it allows individuals to control their own work levels," Ms. Hawk said.

Spinning advances the enthusiast through many different stages of seated and standing arrangements to reach their target heart rate. Benefits include cardio-

#### **Fast Facts**

Over the last three months class participants:

- Lost a combined 79 pounds.
- Decreased 21 inches in abdominal circumference.
- Improved 38 minutes, 20 seconds in run time.
- Increased 67.5 points overall in PT tests.

vascular health, weight loss, endurance training and leg strength.

Now in its third year at the fitness center, spinning instructs proper form, technique and the importance of training to the target heart rate, said Ms. Hawk, who also taught a class similar to this one at Aviano, Air Base, Italy.

"Since it's a non-impact activity, individuals with bad knees and bad backs are still able to participate. It's an excellent way to cross-train for improving running score and also a great way to develop core strength, which facilitates performance in running." Ms. Hawk said.

Classes are held every day from 3-4 p.m., however, there are additional classes on some days:

Wednesday has another spinning class

at 5:15-6:15 p.m.
Tuesdays and Thursdays have extra classes at 4:30-5:30 p.m.

All classes are open to the general public, however, the early Tuesday and Thursday classes provide specific attention and priority to those in the Fitness Improvement Program, said Capt. Janet Rudderham, 509th SVS health promotion manager.

"These classes are becoming more popular because it gives people the option of coming in from the outdoors," Captain. Rudderham said.

Each class is a 40-45 minute spin, which includes a warm up and cool down period. The total time is one hour, said Ms. Hawk. "All anybody has to do is show up."

For more information call the base fitness center at 687-7662.

#### The Whiteman Spirit wants to feature you.

Do you, or does someone you know, have a story idea you'd like to see in the paper?

Let our staff know about it.

For more information, call 687-6133 or e-mail whiteman.spirit@whiteman.af.mil.

### **EVENTS/MORALE**

### **Team Whiteman Community**

#### Free tax service available

Beginning Monday, TurboTax is being made available at no cost to servicemembers by the Department of Defense on the Military OneSource website.

For more information and current updates, visit the Military OneSource website at http://www.military onesource.com/.

DoD members can view there 2005 W2 on the myPay website at https://mypay.dfas.mil/mypay.asp

#### **Volunteer Dental Assistant Program**

The Whiteman dental clinic is accepting volunteers for the next dental assisting volunteer program which

This is an opportunity to get no cost training in a rewarding field.

For more details, contact Master Sgt. April Sanders, or Tech. Sgt. Lorrin Savage, 509th Medical Operations Squadron, at 687-2201.

#### **WESC** sponsors party

The Whiteman Enlisted Spouses' Club is sponsoring a skating party for the families of deployed or remote military on Jan. 21 at Elliot's Skate Rink in Warrensburg from noon-2 p.m. This is a free event and space is limited.

Please RSVP to Lori Olive at 563-2244 or pacificnwmommyof3@yahoo.com.

#### **Blood drive set**

The American Red Cross blood drive will take place 11 a.m.-6 p.m. Jan. 19-20 at the community activity cen-

To make an appointment, go to https://www.givelife

.org/index.cfm?hlc=WhitemanAFB.

There will be complimentary Whiteman Air Force Base t-shirts and pizza for all donors. The drive is sponsored by the Officer's Spouses Club.

#### **DeVry representative to hold briefings**

A representative from DeVry University will be at the education center Jan. 31.

The representative will hold three briefings at 10 a.m., 1:30 p.m. and 6 p.m., to present valuable information on their new bachelor's degree in game and simulation programming for the computer and video game industry.

Space is limited so call the education center at 687-5750 to make a reservation.

#### **Spirit Home Front Hero award**

The Spirit Home Front Hero Award is used to recognize the support and sacrifices children have made while their parents support the Whiteman mission.

Each child deserves a special award of their own, a token of appreciation, as our little heroes on the home

This award, a certificate and pin with ribbon, can be presented in both formal and informal settings, such as a commander's call, school function, or at a private family

To obtain the Spirit Home Front Hero Award for presentation, or for more details call the Family Support Center at 687-7132.

#### **Events page available on the Web**

The 509th Communications Squadron Network Control Center has posted an events bulletin on the Web at https://intranet/509BW/Events-Board/bulletin.asp.

Team Whiteman members can post base events and information on the page by contacting their unit's point of contact listed on https://intranet/509BW/Events-Board/ bulletin.asp.

#### When can you sew on?

The Enlisted Promotions Web site now contains links

to a Weighted Airman Promotion System calculator and a senior airman below-the-zone calculator.

These calculators are for information purposes only. To view these calculators, go to https://www.afpc.randolph.af.mil/eprom/.

### Family Support

Call 687-7132 for more details on these family support center activities.

#### Special at airman's attic

The Airman's Attic will be open Saturday from 10 a.m. to 1 p.m. for all E-5s and below and their family members

The attic will also have an All Ranks Day 10 a.m. to 2 p.m. Jan. 25, Jan. 27 and Jan. 30.

#### WIC representative visits base

A WIC representative is available beginning at 8:30 a.m. Tuesday and Thursday.

WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs.

For more details, call the WIC office in Warrensburg

#### **Pre-deployment briefing set**

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday.

Spouses are encouraged to attend.

#### **Resume class set**

A class designed to help spouses and retirees write a resume will be offered 9 a.m. Jan. 21 at the family support center.

16

28

47

29

48

Call the FSC for reservations.

26

50

# View from the top

#### By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

#### **ACROSS**

- 1. Fringe
- 4. Cable movie channel 7. Swab
- 10. Fancy mushrooms
- 11. Law & Order actress Elisa-
- 13. Undoing
- 14. Rope plant
  15. Car racing league
  16. Singing voice
- 18. Banister
- 20. Anger
- 21. Quaff 23. Tense
- 24. AFMC commander
- 26. Wane
- 27. USAF Intel org.
- 30. Approves 31. Atlantic Ocean sea in northern
- Europe 33. Mocked
- 36. Forget



Jan. 6 answers

- 40. Neither's partner 42. Bad review
- 43. Unused
- 45. AFRC commander Domini

- 50. Hearing instrument
  51. Western Saharan river Rio de
- 52. Roman garb
- 55. Lullaby
- 57. Mork's home world
- 58. Grad
- 59. Obstruct
- 60. Lake transport
- 62. ACC commander
- 63. Zeus' wife
- 64. Dutch colonist in South Africa
- 65. Goddess of the dawn
- 66. Boat handling term

#### **DOWN**

- 1. PACAF commander
- Federal environmental org. Singer Torme
- Rose 5. Beetle Bailey's Walker Mass. politician Rufus
- West Africa country
- Atop
- 10. 1, 2, Step singer 12. AMC commander

and Span cleaner

- 13. Thai currency
- 19. Gitmo home 21. Question
- Angeles
- 25. Deposit
- 27. Cash machine 28. 3, to Julius Caesar
- 32. AFSPC commander

- 15 18 22 20 25 34 35 37 38 39 42 53 58 62
- 33. Cleo killer
- 34. School org.
- 35. Sea bird

40. Gun lobby

- 38. Actress Heche
- 39. Person having admirable characteristics
- 44. AFSOC commander
- 45. Panhandler 46. AETC commander
- 47. Mistake

11

- 48. Coupling 49. Item for 45 DOWN
- 52. Grab
- 53. Margarine
- and Dolls
  Northern Lights writer
- 60. NBC rival
- 61. Earthlink competitor



Services Page editor..... Poppy Arthurton 509th Services Squadron..... \*No federal endorsement of mentioned sponsors intended.

### **Sports & Recreation**

#### **Fitness Center** 687-5496

#### Racquetball tournament

Sign up now for the fitness center racquetball tournament. Games will be played between 11 a.m. and 1 p.m. Feb. 7, 8 and 9. Call the fitness center for details and to sign up.

#### **Fitness assessments**

Fitness assessments are back. "Three Steps to your Success" is a three-step process which covers initial assessment, equipment orientation, and physical fitness program. Call the fitness center to schedule an appoint-

#### **Outdoor Recreation, Information and Tickets** 687-5565

#### Free skiing

#### Winter hours of operation

#### Main office, Information and Tickets and **Equipment rental.**

Fri, Sat, Sun and Mon 9 a.m.-5 p.m. Tue, Wed, Thur 10 a.m.-1 p.m.

#### **NAF** resale

1st Wed of each month noon-2 p.m.

Free ski and lift pass for active duty pass holders and discounted rates for dependents or other military classifications, Wednesdays through Feb. 22. at Snow Creek Resort. Outdoor recreation will provide transportation Wednesday, Feb. 1 and 16. The shuttle costs \$5 per person or \$15 for a family of four. Call outdoor recreation for more details or to sign up.

Royal Oaks 687-5573

#### Food & Fun

#### Breakfast at the golf club

Effective now through April 1, breakfast will not be served at the Royal Oaks. Lunch, snack and steak house operations are unaffected.

#### **Duffer's Grill**

The grill at Royal Oaks is open 11 a.m.-1 p.m. daily for hot and cold sandwiches with a great choice of meats, cheeses and breads. There's also the daily special, grilled burgers and chicken breast.

#### Steak night

Enjoy a top-notch steak at the Royal Oaks steak house. Open 5-8 p.m. every Friday and Saturday. The menu also includes children's meals so bring the whole family.

#### Mission's End 687-4422

#### January coin special

Show your club coin 4-6 p.m. any day of January and enjoy a refreshing 22 ounce Sam Adams seasonal draft beer for just \$2.50.

#### Mongo mongolian buffet

Supersized Mongolian buffet 5-8 p.m. tonight. Create a delicious stir-fry by picking your own ingredients. Choose from beef, chicken, pork or crab or try a bit of everything. Lots of vegetables and sauces will complete the dish. The buffet costs \$12.95 for members and \$14.95 for nonmembers and includes salad bar, drink and dessert.

#### **Community Activities**

#### **Arts and Crafts Center** 687-5691

#### Learn to knit

Join in the latest craze and take up knitting. A threesession beginner's class will take place 6-7:30 p.m. Thursdays through Feb. 2 at arts and crafts. The cost is \$25 including supplies, sign up by Wednesday.

#### **Scrapbooking**

Pick up tips, ideas or learn new skills at the arts and crafts class 1-3 p.m. Jan. 23. Sign up by Jan. 22.

#### Community Center 687-5617

#### Youth photography

Children ages 9-13 can pick up tips on how to take great photos by taking part in this community center activity 12:30-2 p.m. Saturday. Participants should bring their own camera (any type, including disposable, is fine). The class costs \$3.

#### **Operation Valentine's Day treat**

Make sure our newly-deployed troops are well prepared for Valentine's Day. Donate items such as beanie babies for them to hand out to local children, valentines cards for them to send to their loved ones at home, snacks, hygiene items, soft drink mixes or batteries. A list of suggested items is available from the community center. Bring donated items to the community center by Jan. 20. Also collecting Valentine's cards for our troops, bring them along with your donations (no envelope necessary) by Jan. 20.

#### **Have you lost your senses?**

Children aged 5-10 years old are invited to have fun and learn how their senses tell them about the world around them, 2-3:30 p.m. Jan. 21 at the community center. The event costs \$1 and will be followed by a free family movie.

#### **Teen Center** 687-5819

#### Friday night flicks

Grab the popcorn, kick back and enjoy a great movie on the big screen television. 7-10 p.m. tonight and Jan. 27 at the teen center. The cost is \$1.

#### **Weekly activities**

From Web design to mural painting, writing outstanding job applications to promoting activities, there's something for every 13- to 18-year-old at the teen center's evening activities, Monday - Thursday. The sessions are free to teen center members and \$1 for nonmembers. Contact teen center for details.

#### **Snow Creek skiing and snowboarding**

Teen Center trip to Snow Creek Resort, Mo. Jan. 28-29. Ages 13-18 can come along and learn new skills or improve old ones. Lodging will be provided at Ft. Leavenworth. The trip costs \$20 plus money for snacks. Sign up, on a first come first served basis, at the teen center before Jan. 24.

# Movie Schedule

#### Friday

Saw II 7 p.m. Starring-Tobin Bell and Donnie Wahlberg

#### Saturday

7 p.m. PG-13 Aeon Flux Starring-Charlize Theron and Frances McDormand.

#### **Sunday**

Just Friends 5 p.m. PG Starring-Ryan Reynolds and Amy Smart

> Adults: \$3.50 Children: \$1.75 Movie Recording Line: 687-5110

Movies subject to change due to availability. For current and future movie listings log on to http://www.aafes.com/ems/conus/whiteman.htm. day and a second

#### **Youth Center** 687-5683

#### Kids' night out

A kids' night out pajama party will take place 6:30-9:30 p.m. Jan. 20 at the teen center. Games will include teddy bear bingo, karaoke, video games, arts and crafts, pool, foosball and movies. This event is for children aged 6-9 years old. Staff facilitated to ensure children take part in age-appropriate activities. Sign ups begin Monday, limited to the first 30 sign ups. \$6 for members and \$8 for nonmembers.

#### **Pre-teen swimming trip**

Children aged 10-12 can get together for an afternoon of swimming at the Warrensburg indoor pool noon-5 p.m. Saturday. Don't forget a towel! \$3 for members and \$4 for nonmembers plus extra money for a snack after swimming.



7 a.m.-4:30 p.m. Monday-Friday from the community center. Members \$35, nonmembers \$45 Hand in registration packs Feb 1-3, room D, community center

#### Volunteer soccer coaches

A training session for anyone wishing to volunteer to help with youth center soccer will be held 5-7:30 p.m. Feb. 2 at the community center. Call 697-5819 or 687-5586 to sign up.

#### **Family Child Care**

#### **Base Residents**

Quality child care for military families is an important concern. Guidelines in Air Force Instruction 34-276, Family Child Care Programs, requires anyone providing in-home care for 10 hours (total for all children in care) or more a week on a regular basis, to be licensed. If you are currently unlicensed, you must cease care and apply for a family child care license. Call for more details.

#### **Child Development Center** 687-5588

#### **Drop-in care**

The child development center can provide drop-in child care for all ages on a space available basis for \$3 per hour.

#### Child care and program places

The Tuesday and Thursday morning developmental enrichment pre-school program has openings for 3- to 5year-olds. There are also several openings for full-time care for 3- to 5-year-olds. Contact the child development center for more details.

#### **Library** 687-6217

#### **Story time**

Story time for pre-schoolers takes place every Wednesday at 10 a.m. 3-5-year-olds can listen to a story or take part in a craft activity at the library. There is also the library's dial-a-story program with a new story every week. Available 24 hours-a-day by calling 687-6255.

#### **Test preparation**

Test preparation guides and practice exams are available from the library and online at www.WhitemanAFBlibrary.org. The guides available include both College Level Examination Program and DANTES exam guides and recommended textbooks. For more information, call the base library.